

February 2010

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>NO SCHOOL</p>	<p>2</p> <p>Fresh Muffins String Cheese Juice / Milk</p>	<p>3</p> <p>French Toast Sticks W/ Syrup Juice / Milk</p>	<p>4</p> <p>Egg Sandwich Juice / Milk</p>	<p>5</p> <p>Cold Cereal Cinnamon toast Juice / Milk</p>
<p>8</p> <p>Eggs and Toast Juice / Milk</p>	<p>9</p> <p>Waffles W/ Strawberries Juice / Milk</p>	<p>10</p> <p>Raisin Toast Oatmeal Juice / Milk</p>	<p>11</p> <p>English Muffin Turkey Sausage Juice / Milk</p>	<p>EARLY RELEASE</p> <p>12</p> <p>Cold Cereal Yogurt Juice / Milk</p>
<p>15</p> <p>NO SCHOOL</p>	<p>16</p> <p>Bagel W/ Cream Cheese Sausage Link Juice / Milk</p>	<p>17</p> <p>Ham Pockets*** Toast Juice / Milk</p>	<p>18</p> <p>Cinnamon Roll Yogurt Juice / Milk</p>	<p>19</p> <p>Cold Cereal String Cheese Juice / Milk</p>
<p>22</p> <p>Breakfast Pizza Toast Juice / Milk</p>	<p>23</p> <p>English Muffins Turkey Sausage Juice / Milk</p>	<p>24</p> <p>Pancake W/ Syrup Juice / Milk</p>	<p>25</p> <p>Boiled Eggs Toast Juice / Milk</p>	<p>26</p> <p>Cold Cereal Toast Juice / Milk</p>

Guess What?

Your heart can beat up to 40,000,000 times per year!
Roller-skating involves all of the body's muscles, especially the heart, and provides a complete aerobic workout.

Breakfast Prices

K4-5th grade: \$1.40

6-8th grades: \$1.45

Adults: \$1.50

Reduced \$0.30

Milk \$0.30

School News

**Six Flags
Read to
Succeed
reading logs due
Feb. 24**

